

LUNEDI'

MARTEDI'

MERCOLEDI'

GIOVEDI'

VENERDI'

SABATO

DOMENICA

MATTINO

07.15
SALA AGORA' **CROSS TRAINING**

07.15
SALA AGORA' **CROSS TRAINING**

07.15
SALA AGORA' **CROSS TRAINING**

07.15
SALA AGORA' **CROSS TRAINING**

09.00
SALA AGORA' **CROSS TRAINING**

10.00
SALA AGORA' **CROSS TRAINING**

10.30
SALA AGORA' **CROSS TRAINING**

10.30
SALA AGORA' **CROSS TRAINING**

PRANZO

12.30
SALA AGORA' **CROSS TRAINING**

13.00
SALA AGORA' **CROSS TRAINING**

12.30
SALA AGORA' **CROSS TRAINING**

13.00
SALA AGORA' **CROSS TRAINING**

12.30
SALA AGORA' **CROSS TRAINING**

13.30
SALA AGORA' **CROSS TRAINING**

13.30
SALA AGORA' **CROSS TRAINING**

13.30
SALA AGORA' **CROSS TRAINING**

POMERIGGIO / SERA

17.30
SALA AGORA' **CROSS TRAINING**

17.30
SALA AGORA' **CROSS TRAINING TEEN**

17.30
SALA AGORA' **CROSS TRAINING**

16.30
SALA AGORA' **CROSS TRAINING KIDS**

18.00
SALA AGORA' **CROSS TRAINING**

18.30
SALA AGORA' **CROSS TRAINING**

18.30
SALA AGORA' **CROSS TRAINING**

18.30
SALA AGORA' **CROSS TRAINING**

17.30
SALA AGORA' **CROSS TRAINING TEEN**

19.00
SALA AGORA' **CROSS TRAINING**

19.30
SALA AGORA' **CROSS TRAINING**

19.30
SALA AGORA' **CROSS TRAINING**

19.30
SALA AGORA' **CROSS TRAINING**

18.30
SALA AGORA' **CROSS TRAINING**

20.30
SALA AGORA' **CROSS TRAINING**

20.30
SALA AGORA' **CROSS TRAINING**

19.30
SALA AGORA' **CROSS TRAINING**

20.30
SALA AGORA' **CROSS TRAINING**

**PLANNING
CROSS TRAINING
DAL 28.08.23**